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Shelly Beach Surf Lifesaving Club (SBSLSC) Coaching Policy for Covid -19. (SB072)

V3 Policy Effective 8 July 2020

All coaching activities sanctioned by the club must follow all the NSW Health Public orders as well as current directives from SLSNSW, SLSA and SLSCC.

- Club coordinated training can now progress in groups following the SBSLSC Covid-19 Plan.
- Get in, train and get out approach to be followed. All participants to be advised to leave following the conclusion of the activity.
- Club equipment must be signed on coaching attendance sheets to ensure that cleaning protocols are followed.
- Participants must adhere to social distancing requirements and remain 1.5 metres apart prior to, during and at the conclusion of the activity.
- Superior personal hygiene measures, such as regular washing of hands, frequent use of hand sanitizer, coughing into an elbow or tissue etc. are to be applied.
- Use of own drink bottles and towels etc. by all participants.
- No training for anyone who is unwell or has been in contact with a known case of Covid-19. They should remain in isolation for a period of 14 days. Should they be diagnosed with Covid-19 they are to remain in isolation until they have been cleared of the virus.
- High fives and handshaking to be avoided.
- Spitting and clearing of nasal/ respiratory secretion is to be strongly discouraged and fines may be imposed for deliberate behaviours.
- Every participant must sign an attendance sheet (name, phone number or email) for each activity.
- SBSLSC to keep attendance records securely for 28 days and must only be used for the purposes of tracing COVID-19 infections.
- Double skis can be used but surfaces must be disinfected after use as is with any shared surfaces.
- SBSLSC Clubhouse can be used by members however all members must sign the attendance sheet on entry, sanitise and follow signage in the Clubhouse.
- Recommendation for all members to download Covid Safe App. from the Apple Store or Google Play.
- Any hygiene protocols must be communicated clearly and undertaken at each activity.
- Risk assessments to continue as required prior to Covid-19 for each activity.

<https://www.surflifesaving.com.au/resources/coronavirus-covid-19-updates-resources-slsnsw-clubs>

<https://www.health.nsw.gov.au/Infectious/covid-19>

<https://www.health.gov.au/resources/publications/covid-19-infection-control-guidelines-for-community-sport-0>

Martin Kerr,
Vice President
for and on behalf of Shelly Beach Surf Club